



Physical Education

Intent

At Wren Park our vision for Physical Education is:

At Wren Park, we offer a coherently planned sequence of lessons to ensure we have progressively covered the requirements of the PE National Curriculum.

We follow the Twinkl Move scheme of work for indoor PE and use Soccerstars for our outdoor lessons. This ensures that children have a varied and well mapped out PE curriculum. It provides the opportunity for progression across the full breadth of the PE National Curriculum for KS1 and KS2. This progression is clearly identified on progression maps and each lesson has been carefully planned to match these.

In KS1, the focus of the PE curriculum is on the development of the fundamental skills that will be built upon in KS2 when they are applied in specific sports.

At Wren Park, it is our intention to develop a lifelong love of physical activity, sport and PE in all young people. We aim to help ensure a positive and healthy physical and mental outlook in the future and help young people to develop essential skills like leadership and teamwork.

Within each lesson, we strive to give every child the opportunity to develop skills in PE, consider the impact on their health and fitness, compete/perform and evaluate. These elements are always clearly identified both in lesson plans and on progression maps. All lessons are carefully differentiated, which helps to ensure that learning is as tailored and inclusive as possible. It is also the intention of our school to ensure that every child has access to at least 60 minutes of physical activity every day.

Implementation

We translate this into practice by:

Twinkl Move's detailed lesson plans ensure that all teachers are equipped with the secure subject knowledge required to deliver modern, high-quality teaching and learning opportunities for all areas of the PE National Curriculum. Technical glossaries, skills posters and adult guidance support teachers in their subject knowledge, allowing them to share technical vocabulary and skills clearly, confidently and concisely. Our overarching aim is for teachers to have the knowledge and skills they need to feel confident in teaching all areas of PE, regardless of their main areas of expertise.

Lessons are planned alongside subject-specific progression maps to ensure that children are given the opportunity to practise existing skills and build on these to develop new or more advanced skills. There is a structure to the lesson sequence whereby prior learning is always considered and opportunities for revision and practise are built into lessons. This helps build depth to the children's knowledge, skills and understanding in PE.

Interwoven into the teaching sequence are key assessment questions, which are identified in green. These allow teachers to assess the different levels of understanding at various points in the lesson and allow time to recap concepts where necessary, helping to embed learning. Formative assessments are supported through the inclusion of assessment grids on lesson plans where notes can be recorded to show different children's achievements and where challenge or support is required in future lessons. PE learning journeys are intended to show a personal formative record from the child's perspective. We also use a formal summative assessment to help monitor the impact against National Curriculum aims.

We also use resources specifically aimed at ensuring all children have access to at least 60 minutes of physical activity every day, including active playtimes and active break resources aimed to break up sedentary learning time.

Impact

We know this works for our pupils through:

Each unit is mapped against the progression documents to ensure that learners develop detailed knowledge and skills across the full breadth of the PE curriculum through engaging and age-appropriate curriculum content.

Our indoor units are often themed with strong cross-curricular links to other subjects and topics, such as Romans and Space. This all helps to make the learning memorable, allowing links to be made and ultimately creating a higher level of engagement and understanding.

Attainment and progress is measured using our assessment sheets. The high quality and consistent approach to PE teaching, that is a feature of the Twinkl Move PE lessons, will improve attainment in knowledge and skills in PE. The impact of having a PE display will increase the profile of sport, PE and physical activity across the school.

With technical PE vocabulary spoken and used by all learners, the learning environment is more consistent across both key stages. Whole school and parental engagement will be improved through the use of enrichment activities and PE-specific home learning tasks.