

Wren Park Primary School

Whole school long term

Physical Education curriculum overview



RESPECTFUL



AMBITIOUS



RESILIENT



Build knowledge about:	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
EYFS	<i>Outdoor:</i> Fine motor skills and gross motor skills. <i>Indoor:</i> Fine motor skills and gross motor skills.	<i>Outdoor:</i> Fine motor skills and gross motor skills. <i>Indoor:</i> Fine motor skills and gross motor skills.	<i>Outdoor:</i> Soccerstars - Football/ Tag Rugby/ OOA <i>Indoor:</i> Fine motor skills and gross motor skills.	<i>Outdoor:</i> Soccerstars - Football/ Tag Rugby/ Striking and fielding <i>Indoor:</i> Fine motor skills and gross motor skills.	<i>Outdoor:</i> Soccerstars - Athletics <i>Indoor:</i> Fine motor skills and gross motor skills.	<i>Outdoor:</i> Soccerstars - Rounders and cricket <i>Indoor:</i> Fine motor skills and gross motor skills.
Year 1	<i>Outdoor:</i> Soccerstars - Hand eye coordination/ Handball/ Netball <i>Indoor:</i> Introduce rules for PE and Yoga	<i>Outdoor:</i> Soccerstars - Football/ Tag Rugby/ OOA <i>Indoor:</i> Dance - Starry skies	<i>Outdoor:</i> Soccerstars - Football/ Tag Rugby/ OOA <i>Indoor:</i> Gymnastics - Traditional tales	<i>Outdoor:</i> Soccerstars - Football/ Tag Rugby/Striking and fielding <i>Indoor:</i> Games - Circuit training	<i>Outdoor:</i> Soccerstars - Athletics <i>Indoor:</i> Dance - The seasons	<i>Outdoor:</i> Soccerstars - Rounders and cricket <i>Indoor:</i> Gymnastics - Animals
Year 2	<i>Outdoor:</i> Soccerstars - Hand eye coordination/ Handball/ Netball <i>Indoor:</i> Games- Circuit training	<i>Outdoor:</i> Soccerstars - Football/ Tag Rugby/ OOA <i>Indoor:</i> Dance- The Great fire of London	<i>Outdoor:</i> Soccerstars - Football/ Tag Rugby/ OOA <i>Indoor:</i> Gymnastics- Landscapes and cities	<i>Outdoor:</i> Soccerstars - Football/ Tag Rugby/Striking and fielding <i>Indoor:</i> Dance- Toys	<i>Outdoor:</i> Soccerstars - Athletics <i>Indoor:</i> Dance- Plants	<i>Outdoor:</i> Soccerstars - Rounders and cricket <i>Indoor:</i> Gymnastics- Under the sea
Year 3	<i>Outdoor:</i> Soccerstars - Hand eye coordination/ Handball/ Netball <i>Indoor:</i> Gymnastics–Movement	<i>Outdoor:</i> Soccerstars - Football/ Tag Rugby/ OOA <i>Indoor:</i> Dance - Extreme Earth	<i>Outdoor:</i> Soccerstars - Football/ Tag Rugby/ OOA <i>Indoor:</i> Games - Dodgeball	<i>Outdoor:</i> Soccerstars - Football/ Tag Rugby/Striking and fielding <i>Indoor:</i> Gymnastics - Shape	<i>Outdoor:</i> Soccerstars - Athletics <i>Indoor:</i> Dance - Rainforest	<i>Outdoor:</i> Soccerstars - Rounders and cricket <i>Indoor:</i> Games - Circuit training
Year 4	<i>Outdoor:</i> Soccerstars - Hand eye coordination/ Handball/ Netball <i>Indoor:</i> Gymnastics - Ancient Egyptians <u>or</u> swimming	<i>Outdoor:</i> Soccerstars - Football/ Tag Rugby/ OOA <i>Indoor:</i> Dance - Water <u>or</u> swimming	<i>Outdoor:</i> Soccerstars - Football/ Tag Rugby/ OOA <i>Indoor:</i> Dance - Romans <u>or</u> swimming	<i>Outdoor:</i> Soccerstars - Football/ Tag Rugby/Striking and fielding <i>Indoor:</i> Gymnastics - Movement <u>or</u> swimming	<i>Outdoor:</i> Soccerstars - Athletics <i>Indoor:</i> Games - Circuit training <u>or</u> swimming	<i>Outdoor:</i> Soccerstars - Rounders and cricket <i>Indoor:</i> Dance - Carnival of animals <u>or</u> swimming
Year 5	<i>Outdoor:</i> Soccerstars - Hand eye coordination/ Handball/ Netball <i>Indoor:</i> Gymnastics - Space	<i>Outdoor:</i> Soccerstars - Football/ Tag Rugby/ OOA <i>Indoor:</i> Games - Handball	<i>Outdoor:</i> Soccerstars - Football/ Tag Rugby/ OOA <i>Indoor:</i> Dance - Eco dance	<i>Outdoor:</i> Soccerstars - Football/ Tag Rugby/Striking and fielding <i>Indoor:</i> Gymnastics – Movement	<i>Outdoor:</i> Soccerstars - Athletics <i>Indoor:</i> Dance - Rock n Roll	<i>Outdoor:</i> Soccerstars - Rounders and cricket <i>Indoor:</i> Games - Circuit training

Year 6	Outdoor: Soccerstars - Hand eye coordination/ Handball/ Netball Indoor: Gymnastics- Movement	Outdoor: Soccerstars - Football/ Tag Rugby/ OOA Indoor: Dance - Electricity	Outdoor: Soccerstars - Football/ Tag Rugby/ OOA Indoor: Games - Circuit training	Outdoor: Soccerstars - Football/ Tag Rugby/Striking and fielding Indoor: Dance- Through the decades	Outdoor: Soccerstars - Athletics Indoor: Gymnastics	Outdoor: Soccerstars - Rounders and cricket Indoor: Games – Leadership in PE
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