

STOP BULLYING AND BE KIND

🌟 Let's Make Wren Park a Safe and Happy Place for Everyone! 🌟

Being unkind is when?

Someone is mean to another person on purpose, like:

- Name-calling, saying unkind things
- Teasing and upsetting someone
- Hitting or pushing
- Leaving someone out
- Being mean online (Cyberbullying)

Bullying when someone is being unkind Several Times On Purpose.

What Should You Do if You're Bullied?

1. **Tell an adult** (like a teacher, adult in school or parent).
2. **Stay calm** and try to walk away.
3. **Speak up** and tell the bully to stop (if you feel safe to do so).
4. **Keep telling someone** until the bullying stops.

What Should You Do if You See Someone Being Bullied?

- **Tell an adult** straight away.
- **Support the person** being bullied by standing with them.

Remember!

- **Be kind** to everyone.
- **Respect** your friends, classmates, and teachers.
- **Speak up** if you see bullying happening.

Together We Can STOP Bullying!

We're All Responsible

Let's work together to make sure Wren Park is a place where everyone feels safe, happy, and respected!

If You're Feeling Unsafe, TELL SOMEONE!

"Wren Park, One School, Kind and Resilient Together"