



RESPECTFUL



AMBITIOUS



RESILIENT

# Wren Park Primary School Whole School Provision Map



## Social Emotional Mental Health

<b>Phase One</b> Routinely available to all children at WPPS.	<b>Phase Two</b> Targeted group/short term. Concerns over wellbeing child may be experiencing anxiety, poor MH or depression.	<b>Phase Three</b> 1:1 Specialist Support. Serious MH concerns which require professional intervention.
<ul style="list-style-type: none"> <li>• Quality First Teaching</li> <li>• Building good relationships with children</li> <li>• Rewards and sanctions</li> <li>• Clear consistent boundaries and routines</li> <li>• Celebration assemblies</li> <li>• Outdoor week</li> <li>• School Values</li> <li>• Friendship bench</li> <li>• Jigsaw PSHE</li> <li>• Calming and mindfulness sessions</li> <li>• Teaching of emotions</li> <li>• A trusted adult to speak to</li> <li>• Green outdoor spaces</li> <li>• Nature garden</li> <li>• Restorative justice</li> <li>• School Council</li> </ul>	<ul style="list-style-type: none"> <li>• Phased drop off and pick up</li> <li>• Home communication book</li> <li>• Calm activities to regulate</li> <li>• Sensory spaces</li> <li>• Class friend system</li> <li>• Wellbeing club</li> <li>• Wellbeing walks</li> <li>• Art therapy</li> </ul>	<ul style="list-style-type: none"> <li>• Bereavement support</li> <li>• TAF Team around the family</li> <li>• CAHMS</li> <li>• SPoA referral</li> <li>• 1:1 School support</li> <li>• Young minds</li> <li>• Derby and Derbyshire emotional health and wellbeing</li> </ul> <p>Contact: SLT, SENDCO, DSL or SMHL if you have any concerns.</p>