

## Wren Park Mental Health Action Plan 2022-23

Competency on Mental Health Award	What is the whole school change you want to see? (measures/dates?)	Who is leading the change	How do these link to existing school policies and priorities?	How does it link to the curriculum?	What are the links to parental engagement?	What student involvement is needed?	What CPD is required?	Financial cost? (£s) And source of funding
Professional development	<p><b>Mental Health Awareness training</b></p> <p><i>Increased awareness of Mental Health through training and staff meetings- Staff wellbeing survey.</i></p> <p><i>Agreement of commitment to this important work within school</i></p> <p><i>(This is in addition to MHL attendance in training events)</i></p>	SLT, MHL	Mental Health policy – School Improvement Plan	<p>PSHE</p> <p>Mental Health Awareness week May (online support for parents / children during period of school closure- national lockdown)</p>	Parents will be notified about the training that the staff have undertaken and advised on how it will support children in school. (Resources available through DOJO and Website)	Participation in introductory events to Mental Health- PSHE lessons & assemblies	Use of staff meeting time and inset training day to allow all staff to attend course. Mental Health Awareness training.	<p>Est: equivalent</p> <p>£800 (£500 grant +£300 school budget)</p>
	<p><b>MENTAL HEALTH LEAD –</b></p> <p>Specific CPD 22-23</p>	MHL		Ongoing support for children and as part of “incidental curriculum”		MHL better placed to advise or deliver support for children- disseminate learning to whole staff	Bereavement, Adverse Child Experiences Vulnerabilities	<p><i>Est*£400</i></p> <p><i>(Training &amp; Supply)</i></p>

								<i>Grant 2 and School budget</i>
	<p><b>Appointment of Mental Health Governor</b>- Raised status of this work and securing resourcing budget and championing this area within GB work</p> <p>(Jan 2020)</p>	MHL, GB	<p>Policy review and monitoring.</p> <p>Involvement in MH Audit tool process</p>	<p>Audit of current curriculum provision – what enhancements can be made to current PSHE and JIGSAW</p>		<p>Governor monitoring to involve “impact upon children” pupil discussions</p>	<p>MH Governor already involved in MH in schools through Derbyshire CC</p>	n/a
	<p><b>MH First Aid</b></p> <p>(4 staff- rolling out to other staff as part of CPD programme)</p> <p>Completed by Nov 2023</p>						<p>4 members of staff to receive Mental Health First Aid Training</p>	4x £125=£500

<b>Leadership and strategy</b>	<u>Ensure policies are updated to include mental wellbeing.</u>  Review of staffing structure and responsibilities relating to leading EMH across school	SLT, MHL	Links to Safeguarding policy, PSHE, Equality and Diversity, curriculum policies, Behaviour and Anti-bullying- all to be linked / referenced/ amended as part of usual policy review cycle.	All curriculum areas. Important part of ongoing planned curriculum and PSHE  A key part of wider curriculum and incidental curriculum.  Awareness raising specific work eg. Themed week	Parent newsletter to raise awareness of work being done in school. Some homework activities to be based on EMH and well-being activities for children and families- eg family walk, crafts, listening to music.	Children to be more comfortable in talking about EMH at home and to take part in “homework” activities involving wellbeing		NA- Staffing cost as part of leadership responsibilities
	Parents to understand the importance of our work on EMH and their involvement in this vital aspect of childrens lives & develop		Homework procedures / activities around EMH (general well-being and specific areas as appropriate)	Homework and curriculum meetings for parental engagement	Curriculum evenings to include items on EMH –linked to Safeguarding	Approx at least 1 EMH/ wellbeing homework / activity /family activity per half term- recommended activities from school	NA- Staff to “educate parents” through curriculum evenings, newsletters etc:	
	<u>Create whole school Vulnerability Tracker (Excell)</u> Clear tool and strategy to measure and monitor children’s		MHL to be involved in Pupil Progress meetings (whole school) to be aware of common themes and individual issues				Staff meetings led by MHL for awareness raising and sharing of vulnerable children-	

	<p>emotional health and factors which may affect it- EMH –</p> <p>*Cross referenced with CPOMS and School Progress Tracker Identify “risk” and link to support (ranging from staff awareness and support to need for access to greater interventions)</p>		<p>relating EMH of children.</p>				<p>identifying staff as support bubble.</p>	
	<p><b>RECOVERY CURRICULUM</b></p> <p>Following Covid we have considered the wider impacts on the EMH of children during this time. EMH is central to our Recovery Strategy</p> <p><b>RESOURCES</b></p> <p>Build directory of useful local services and contacts</p>	<p>MHL, SLT</p>		<p>Autumn Term 2022- curriculum has been redesigned to reflect the needs of the children at this time (not necessarily at Age Related Expectations)</p>	<p>Communication with parents through Newsletters, DOJO and phone calls- focussing upon childrens reengagement into school</p>	<p>Children are supported back to school through a curriculum with opportunities to re-engage relationships, resilience, stamina and to “make sense” of the lockdown experience. (See recovery plan).</p> <p>Daily timetable to be reflective of children’s needs at this time.</p>		<p>£500</p>

	<p>E.G Safe Speak, Building Sound Minds, Action for Children, Art therapists, music therapists etc: MHL to find out about services on offer and referral criteria</p> <p><b>LIBRARY</b> of useful resources to include:</p> <p>Teacher books (reference)</p> <p>Children's books</p> <p>Toys and Games</p>	MHL						<p><b>TOTAL</b></p> <p>£2,250</p>
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