



## Year 6 – Derby Heights Care Home

November and December 2023

Each week a group of ten children in Year 6 have set off on a 30 to 40 minute walk accompanied by two or three members of staff into Littleover and down Rykneld Road to reach Derby Heights. The children have enjoyed walking with their friends in the local community and pointing out areas of interest in the community such as Littleover Community School. On the walk down to the care home, we discussed who would live in a care home, why people move into one and what we can do to help the residents. Husna said that, 'we go to put a smile on the faces of the residents and to brighten up their day'.

The first event was card bingo, the children worked in small teams supporting one of the residents. The children were very respectful of the residents needs and all of them explained to their resident how to play the game. The residents enjoyed playing with the playing cards. As it was a game that reminded them of their childhood. Muhammed was the bingo caller; he was fantastic in this role. He loudly and clearly projected his voice when calling out the card – 'five of clubs, two of diamonds, ace of spades!' To make sure everyone in the room could hear him.

The following week, the children took part in a general knowledge quiz. The Year 6 children came up with their own question round in school and Nyeem confidently stood up in front of all the residents. The children came up with a few questions about modern Britain and Britain in the past. Questions such as who is the current Prime Minister, name a member from The Beatles and what year did England win the World Cup? Nyeem finished the round with, can you name the British Values. To which none of the residents knew the answers, however Nyeem proudly and confidently listed the five British Values.

The children then took part in decorating a cake for King Charles III's 75<sup>th</sup> birthday. The cooks at Derby Heights had made three large sponge cakes and the wellbeing team had icing, fruit, sprinkles and union jack flags ready for the children and residents to decorate their cake. They came up with three fantastic designs, but there could only be one winner!

At the end of November, the children took part in St. Andrews celebrations and listened to a Scottish resident who taught the children about Scottish phrases and words. As well as learning about Scottish food, music and poetry. At the end of the activity, staff, children and residents came together to sing Auld Lang Syne, the Scottish poem by Robert Burns.

In December, the children took part in a variety of activities, such as reindeer hot chocolate bag making and Elf day. Some residents also travelled to our school with some carers in a minibus to watch the choir and Year 5 Christmas singing performance. The next day, the school choir along with Mrs Glynn visited Derby Heights to sing more Christmas carols to more residents who could not make the trip to our school. Lots of residents and staff members were singing along with the children. Wren Park were definitely spreading the Christmas joy around Derby Heights.

The children and residents have thoroughly enjoyed their time visiting the care home. The staff at Derby Heights have said, 'it is lovely to see the interaction between children and the elderly, lots of residents look forward to the children's visits. We look forward to continuing the partnership into the New Year!'

