

# Community Update

We would like to thank everyone for their support re the community updates. If you have additional organisations, provisions or information to add to the community update, please contact your local Youth and Community Engagement Worker.

For additional local community information, please refer to the monthly locality community update for your area.

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# **Table of Content**

[Foodbanks](#)

[Money and Finance](#)

[Welfare and Benefits](#)

[Housing](#)

[Homelessness Prevention & Support](#)

[Mental Health Crisis Support Lines](#)

[Mental Health & Emotional Wellbeing for Young People](#)

[Mental Health](#)

[Health](#)

[Staying Active](#)

[Safeguarding Support](#)

[Domestic Abuse Support](#)

[Sexual Abuse Support](#)

[Addiction Support](#)

[LGBT+ Support](#)

[Support for Children & Young People](#)

[Information for Parents & Carers](#)

[SEND Support](#)

[Education](#)

[Employment & Training](#)

[Volunteering](#)

[Other Directories](#)

# Food banks: Derbyshire Wide

## Rural Action Derbyshire

Rural Action Derbyshire provide a alphabetical list of all food banks.

**Phone: 01629 592970**

**E-mail:** [j.peck@ruralactionderbyshire.org.uk](mailto:j.peck@ruralactionderbyshire.org.uk)

[Rural Action Derbyshire](#) for more information



## Universal Infant Free School Meals (UIFSM)

Guidance about free school meals and transitional protection for them under Universal Credit—To get your free meal please ask at your child's school.

[Free school meals: guidance for schools and local authorities - GOV.UK \(www.gov.uk\)](#) for more information



## Holiday Activity and Food Programme (HAF)

It's About Me is a programme for families in Derbyshire to help children and young people have fun, active, and healthy school holidays! Free School Meal eligible young people are priority to all providers who facilitate activities.

[It's about me | Home Activities \(itsaboutmederbyshire.co.uk\)](#) for more information



# Money and Finance: Derbyshire Wide

## Department for Work and Pensions

**Web:** <https://www.gov.uk/government/organisations/department-for-work-pensions>



## The Derbyshire Discretionary Fund

The Derbyshire Discretionary Fund, The fund may be able to help you during an emergency or crisis situation and to support you to continue to live independently or cope with exceptional pressure when you have no other source of funding.

**Web:** [Derbyshire Discretionary Fund \(DDF\) - Derbyshire County Council](#)

## The Household Support Fund

Provide payments which can help towards food, energy and essential living goods

**Web:** [www.derbyshire.gov.uk/householdsupportfund](http://www.derbyshire.gov.uk/householdsupportfund)

## Gov—Help For Households

See what support is available to help with the cost of living and save money with our energy saving tips

**Web:** [Help for Households - Get government cost of living support](#)



## Warm Home Discount Fund

**Call:** 0330 555 9424

**Web:** [www.gov.uk/the-warm-home-discount-scheme/energy-supplier](http://www.gov.uk/the-warm-home-discount-scheme/energy-supplier)



## Derbyshire Law Centre—Debt

We provide free legal advice and assistance about a wide range of debt problems to the residents of Derbyshire.

**Web:** [Debt – specialising in housing-related debts | Categories | Derbyshire Law Centre®](#)



## Fuel for Food Scheme

Advice and support to households who are using Derbyshire foodbanks and who are facing an immediate energy crisis

**Call:** 0800 677 1332

**Web:** [www.gov.uk/the-warm-home-discount-scheme/energy-suppliers](http://www.gov.uk/the-warm-home-discount-scheme/energy-suppliers)

## Step Change

Everyone will have to deal with an unexpected event at some point in their life. Situations such as a serious illness, redundancy or the death of a loved one can affect your life in many ways. In particular, they can have a devastating effect on your finances and how well you can manage your bills and living costs.



**Web:** [Your Personal Situation. Debt & Money Advice. StepChange](#)

## Citizens Advice

If you don't have enough money to live on, you might be able to get help to afford essentials like bills and food. This includes the Household Support Fund and cost of living payments.



**Web:** [Get help with the cost of living - Citizens Advice](#)

## Money Helper

For free guidance you can trust, we can help.

**Web:** [Free and impartial help with money, backed by the government | MoneyHelper](#)

## Money Saving Expert

Cutting your costs, fighting your corner

**Web:** [Money Saving Expert: Energy Help, Credit Cards, Flight Delays, Shopping and more](#)

## Turn2Us

Use the Benefits Calculator or Grants Search to find out what help you can get.

**Web:** [Fighting UK Poverty - Turn2us](#)

## Disabled Facilities Grants

Disabled Facilities Grants can help meet the cost of making changes to your home so you or someone you live with can live safely and independently. People of all ages and tenures can apply to their local council for a grant.



**Web:** [Disabled Facilities Grants - GOV-UK Find a grant \(find-government-grants.service.gov.uk\)](https://www.gov.uk/find-a-grant)

## Family Fund



Find out about the grants we provide, our eligibility criteria and how to make an application.

**Web:** [Family Fund](https://www.familyfund.org.uk)

## Derbyshire County Council—Derbyshire Grants

Grants are available to voluntary and community groups, clubs, local charities and not for profit organisations. Individuals and businesses are not eligible to apply for this scheme.

This programme is unable to support projects or activities that are taking place in Derby.

**Web:** [Derbyshire grants - Derbyshire County Council](https://www.derbyshire.gov.uk/grants)

# Welfare and Benefits: Derbyshire Wide

## Derbyshire County Council

Our welfare rights team can help you find out about the benefits you're entitled to and how to claim

We can help you find out about the benefits you're entitled to and how to claim, including:

- carrying out a benefit check – are you receiving your full benefit entitlement?
- which benefits to claim and how to claim them
- payments being suspended or benefit claims ending
- moving your existing benefits to a Universal Credit claim
- challenging decisions made by the benefits authorities preparing appeals and representing you at benefit tribunal hearings

**Call:** 01629 531535

**Email:** [welfarebenefits@derbyshire.gov.uk](mailto:welfarebenefits@derbyshire.gov.uk)

**Web:** [Welfare benefits - Derbyshire County Council](#)



## Gov—Benefits

Includes eligibility, appeals, tax credits and Universal Credit

**Web:** [Benefits - GOV.UK \(www.gov.uk\)](#)



## Gov—Check Benefits and Financial Support you can get

Find out what support you might be able to get to help with your living costs. You can get benefits and other financial support if you're eligible.

**Web:** [Check benefits and financial support you can get - GOV.UK \(www.gov.uk\)](#)



## Turn2Us

Millions of people are missing out on thousands of pounds. Check what you're entitled to now

**Web:** [Turn2us Benefits Calculator](#)

## Citizens Advice—Benefits

It's important to make sure that you get all the help that you're entitled to. These pages give you information on benefits and tax credits if you are working or unemployed, sick or disabled, a parent, a young person, an older person or a veteran. There is also information about council tax and housing costs, national insurance, payment of benefits and problems with benefits.

**Web:** [Benefits - Citizens Advice](#)



## Money and Pensions Service—Welfare and Benefits

Everyone making the most of their money and pensions.

**Web:** [4. Welfare and benefits | The Money and Pensions Service](#)



## Mental Health and Money Advice—Welfare Benefit Advice

Helping you to find out what financial help is available in relation to welfare benefits and how to make a claim or appeal.

**Web:** [Welfare benefit advice : Mental Health & Money Advice \(mentalhealthandmoneyadvice.org\)](#)

## Fuel for Food Scheme

Advice and support to households who are using Derbyshire foodbanks and who are facing an immediate energy crisis 0800 677 1332

**Web:** [www.gov.uk/the-warm-home-discount-scheme/energy-suppliers](http://www.gov.uk/the-warm-home-discount-scheme/energy-suppliers)

## Derbyshire Law Centre Homeless Relief Fund

Help with rent arrears, moving costs to secure tenancy & payment of court costs ,

**Call:** 01246 550 674

**Email:** [dlc@derbyshirelawcentre.org.uk](mailto:dlc@derbyshirelawcentre.org.uk) ,

**Web:** [www.derbyshirelawcentre.org.uk](http://www.derbyshirelawcentre.org.uk)



## Warm Home Discount Fund

**Call:** 0330 555 9424

**Web:** [www.gov.uk/the-warm-home-discount-scheme/energy-supplier](http://www.gov.uk/the-warm-home-discount-scheme/energy-supplier)

# Housing: Derbyshire Wide

## GOV— Find your local Authority Housing Team

A-Z information on Housing and Associated Information.

**Web:** [Council housing and housing associations - GOV.UK \(www.gov.uk\)](http://www.gov.uk)



## Derbyshire County Council—Housing Related Support

We fund a housing related support service to enable vulnerable people to achieve or maintain independent living in the community. More than 24,000 people per year in Derbyshire can be supported through the funding of these services.

**Web:** [Housing related support - Derbyshire County Council](#)



## Derbyshire County Council—Accommodation Based Support Services

Accommodation based services consist of provider-owned or leased accommodation, with an attached floating support element to develop and promote independent living. Tenants receive more support than others in general needs accommodation, while working towards being more independent.

**Web:** [Accommodation based support services - Derbyshire County Council](#)



## Derbyshire County Council—Accommodation, Housing and Residential Care

There are many accommodation and housing options available to you in Derbyshire. Click the Website link below to find out more!

**Web:** [Accommodation, housing and residential care - Derbyshire County Council](#)



## Gov—Housing Benefit

Housing Benefit can help you pay your rent if you're unemployed, on a low income or claiming benefits

**Web:** [Housing Benefit: Eligibility - GOV.UK \(www.gov.uk\)](#)



## Citizens Advice

The Free Nation Wide Advice Service provides over the phone and face to face advice on various issues that people may face. This includes information regarding rent arrears and Mortgage repayments.

**Telephone:** 0800 144 8848

**Web (Find your nearest Centre):** [Contact us - Citizens Advice](#)



## Home Options

The Home-Options Partnership is a group of councils and housing providers who work together to provide homes across Derbyshire

**Web (Find Your nearest Housing Register):** [Home-Options - Home](#)

**home-options.org**

## P3 Charity

P3 Charity is a charity and social enterprise who run a variety of different services including accommodation and housing related support.

**Call:** 0115 850 8190

**Email:** [Info@p3charity.org](mailto:Info@p3charity.org)

**Web (Find your Nearest Service):** [Get Help - P3 \(p3charity.org\)](#)



## P3 Charity—Housing

P3 Housing's vision is to provide 'great places to live' but we are not only focussed on providing excellent individual homes; we're committed to improving the neighbourhoods and communities in which our customers live.

Our mission is to provide good quality safe homes that people want to live in, in communities where they can thrive.

**Web:** [P3 Housing - P3 \(p3charity.org\)](#)

## YMCA Derbyshire



We offer everything from emergency through to longer term accommodation with 193 beds, we provide young people across Derby and Derbyshire a safe place to live

**Call:** 01332 579550

**Email:** [enquiries@ymcaderbyshire.org.uk](mailto:enquiries@ymcaderbyshire.org.uk)

**Website:** [YMCA Derbyshire Accommodation](#)

# Housing: Derbyshire Wide

## Age UK – Housing Options in later life



Starting to think more about where you live? There are lots of options available, from renting to sheltered housing or residential care.

**Web:** [Housing choices](#) | [Residential and Home options for old age](#) | [Age UK](#)

## Advice now – Housing Related Resources



We want everyone to have the knowledge, skills and confidence they need to be able to access somewhere to live that is safe and affordable. The guides on this page will help you to understand your housing rights.

**Web:** [Help to deal with housing problems](#) | [Advicenow](#)

## Housing Ombudsman



Find details of advice agencies and charities, legal advice and other helpful organisations

**Web:** [Links to helpful organisations - Housing Ombudsman \(housing-ombudsman.org.uk\)](#)

## Royal British Legion – Housing Support

The Armed Forces community face unique challenges in finding a home after Service.

The Royal British Legion have produced guides to provide advice on how to reduce those difficulties.

**Web:** [Housing Advice](#) | [Housing Support](#) | [Royal British Legion](#)

## Framework-Step Up Housing



Step up provides accommodation and support for 16-24 year-olds in locations across Derbyshire.

**Referrals:** [Form](#)

**Email:** [Stepup@framework.org](mailto:Stepup@framework.org)

**Web:** [Framework.org](http://Framework.org)

## Live Life Better Derbyshire – Healthy Housing



Everyone has the right to a safe, secure roof over their heads but sometimes things can go wrong.

Housing issues can cause you unnecessary stress and worry and it's important to know your rights and responsibilities.

**Web:** [Healthy housing - Live Life Better Derbyshire](#)

## Derbyshire Law Centre – Housing and Homelessness



**Call:** 0800 707 6990

**Web:** [Housing & Homelessness](#) | [Categories](#) | [Derbyshire Law Centre®](#)

## Derwentio Housing



We provide supported housing so that you have somewhere safe to live. During your stay you will have practical support to help closer to your goals. They help you then move out of your derwentio home when it is the right time for you.

**Call:** 01332 292776

**Email:** [info@derwentiohousing.com](mailto:info@derwentiohousing.com)

**Web:** [Derwentio Housing](#)

## East Midlands Homes (EMH)



We offer a range of supported housing options designed to meet your needs and enable you to be independent. They also offer Houses ready to let across areas of Derbyshire

**Call:** 0300 123 6000

**Email:** [customerservices@emh.co.uk](mailto:customerservices@emh.co.uk)

**Web:** [EMH Housing](#)

## Mind—Housing & Mental

### Health

Explains how housing and mental health can affect each other. Provides tips for coping and where to find support, and information on your legal rights.



**Web:** [Support for housing problems - Mind](#)

## Home Group

We know our customers know their communities and neighbourhoods best. So we worked with almost 300 of you nationwide from Somerset to Dundee, to develop our Customer Promise; a set of guiding statements where you can measure how we're performing and hold us accountable to them.

And they're not just words – we've been achieving some great things alongside you and your communities

Email: [contactus@homegroup.org.uk](mailto:contactus@homegroup.org.uk)

**Web:** [Home Group | Welcome to Home Group](#)



# Homelessness Prevention and Support: Derbyshire

## Wide

### Gov—Help if You're Homeless

In England, your council must help if you're legally homeless or will become homeless within the next 8 weeks.

**Web:** [Help if you're homeless or about to become homeless - GOV.UK \(www.gov.uk\)](https://www.gov.uk)



### Derby City Council

Our Rehousing Engagement Support Team (REST) provides support to people who are rough sleeping in Derby.

**Web:** [Help for rough sleepers - Derby City Council](#)

### Shelter

Find advice by topic

**Web:** [Housing advice from Shelter - Shelter England](#)



### Crisis

We are the national charity for people experiencing homelessness. We help people out of homelessness and campaign for the changes needed to solve it altogether.

**Web:** [Crisis homelessness charity - Together we will end homelessness](#)



### Salvation Army

Find out about the different services provided by the Salvation Army to help tackle homelessness

**Web:** [Homelessness | The Salvation Army](#)



### Homeless Link England

We are the national membership charity for organisations working directly with people who become homeless in England

**Web:** [Homeless Link](#)



### Citizens Advice—Homelessness

Get advice on applying for homeless help from the council, including making an application and challenging a decision

**Web:** [Homelessness - Citizens Advice](#)



### P3 Charity—Homelessness

Working alongside people to exit the streets, access settled long-term accommodation and get their lives back on track.

**Web:** [Homelessness - P3 \(p3charity.org\)](#)



### P3 Charity—Derbyshire Outreach Team

#### (DOT)

Working to get people off the streets and into stable, safe accommodation

**Web:** [Derbyshire Outreach Team \(DOT\) - P3 \(p3charity.org\)](#)



### National Homelessness Advice Service

NHAS is delivered by Shelter and provides FREE expert advice, CPD accredited training and support to professionals working in local authorities, voluntary advice agencies and public authorities in England.

**Web:** [NHAS | National Homelessness Advice Service](#)

### Centre Point

Centrepont is the UK's leading youth homelessness charity. Alongside our partners, we support over 16,000 young people every year and campaign to end youth homelessness by 2037

**Web:** [Centrepont | Home](#)



### St Mungos

We're on the streets, every day, meeting people sleeping rough. We're running hostels and emergency accommodation, giving people the time and space they need to recover. And we're here for the long haul, helping people to learn new skills, find jobs and reconnect.

**Web:** [Homeless Charity - St Mungo's \(mungos.org\)](#)

# Mental Health Crisis Lines: Derbyshire

## Samaritans

**SAMARITANS**

To talk about anything that is upsetting you, 24 hours a day, 365 days a year

**Call:** 116 123

## SANEline

If you're experiencing a mental health problem or supporting someone else



**Call:** 0300 304 7000

## National Suicide Prevention Helpline



Offers supportive listening service to anyone with thoughts of suicide

**Call:** 0800 689 5652

## Papyrus HOPELINEUK



If you're under 35 and struggling with suicidal feelings, or know someone that is

**Call:** 0800 068 4141

## Campaign Against Living Miserably (CALM)



5pm – midnight everyday if you're struggling and need to talk. Alternatively, if you prefer not to speak on the phone, you could try the CALM webchat service [Get Help & Support With... | Campaign Against Living Miserably \(CALM\)](#) ([thecalmzone.net](http://thecalmzone.net))

**Call:** 0800 58 58 58

## Shout



If you would prefer not to talk, but want some mental health support. Offering confidential 24/7 text service providing support if you are in crisis and need immediate help.

**Text SHOUT** to 85258

## The Mix



If you're under 25, you can call the Mix from 3pm – midnight everyday. Alternatively you can request support by email using this form [Email us - The Mix](#)

Or using their crisis text messenger service [Crisis Messenger - The Mix](#)

**Call:** 0808 808 4994

## Switchboard



If you identify as gay, lesbian, bisexual or transgender, call Switchboard

**Call:** 0300 330 0630

# Mental Health & Emotional Wellbeing for young people: Derbyshire Wide

## Snapp It

Snapp-it provides a safe and secure means of reaching out by providing instant 24/7 access all your local & national Mental, Emotional, Physical, Sexual and Spiritual Health and Wellbeing support services.

**Email:** [snappitderbyshire@gmail.com](mailto:snappitderbyshire@gmail.com)

**Web:** [https://www.facebook.com/snappitderbyshire/?paipv=0&eav=AfZR602\\_P6QLk7ohukdlFOnBa1r-dz-xRag-p1EWPACB3jvDSxw2Xu31NMHITghi-2M& rdr](https://www.facebook.com/snappitderbyshire/?paipv=0&eav=AfZR602_P6QLk7ohukdlFOnBa1r-dz-xRag-p1EWPACB3jvDSxw2Xu31NMHITghi-2M& rdr)



## Nip In The Bud

Encourages awareness about mental health disorders in children through short films.

**Email:** [hello@nipinthebud.org](mailto:hello@nipinthebud.org)

**Web:** [https://www.nipinthebud.org/child-mental-health-conditions/?gclid=EAlaIQobChMI-sbmyZ-e-wIVIoBQBh381wUdEAAYAiAAEgJdnfD\\_BwE](https://www.nipinthebud.org/child-mental-health-conditions/?gclid=EAlaIQobChMI-sbmyZ-e-wIVIoBQBh381wUdEAAYAiAAEgJdnfD_BwE)



## The Mix

Provides mental health support for young people aged 11-25. Support over the phone from 4pm-11pm every day. Email, chat one-to-one online, sign up for free counselling online or 24/7 text crisis line.

**Tel: 0808 808 4994**

**Web:** [https://www.themix.org.uk/get-support/speak-to-our-team?gclid=EAlaIQobChMIipjM9Nrf-QIVAE\\_tCh2w6AMTEAAYASAAEgKtoPD\\_BwE](https://www.themix.org.uk/get-support/speak-to-our-team?gclid=EAlaIQobChMIipjM9Nrf-QIVAE_tCh2w6AMTEAAYASAAEgKtoPD_BwE)



## Young Minds

Mental Health related information and advice for young people, family members, and professionals working with young people.

**Parent Helpline: 0808 802 5544**

**Web:** <https://www.youngminds.org.uk/>



## Building Strong Minds

A comprehensive early intervention service for children and young people aged 0-17 who are experiencing mild to moderate mental health difficulties.

**Tel: 01332 679379**

**Email:** [BuildSoundMindsDD@actionforchildren.org.uk](mailto:BuildSoundMindsDD@actionforchildren.org.uk)

**Web:** <https://services.actionforchildren.org.uk/derbyshire/build-sound-minds/>



## Bridge the Gap

Emotional Literacy project that provides 1:1 Support for Children, Proactive Emotional Education, Training for Schools and Health and Social Care, Parent & Child Groups, Community Events and Support, Parent Empowerment Workshops and Private sessions.

**Tel: 01332 600 827**

**Web:** [Child Mental Health Support | Bridge the Gap | Derby England | Emotional Literacy \(jwbridgethegap.com\)](https://www.childmentalhealthsupport.org.uk/bridge-the-gap/)



# Mental Health & Emotional Wellbeing for young people: Derbyshire Wide

## Kooth

Free, safe and anonymous online support for young people.

**Web:** [Home - Kooth](#)



## Papyrus

Confidential suicide prevention advice and a range of resources for young people.

**Hopeline:** 0800 068 41 41

**Email:** [admin@papyrus-uk.org](mailto:admin@papyrus-uk.org)

**Web:** [Papyrus UK Suicide Prevention | Prevention of Young Suicide \(papyrus-uk.org\)](#)



# Mental Health: Derbyshire Wide

## Derbyshire Recovery & Peer Support Service—Rethink Mental Illness



Offering a range of information and support to help people get through crises, live independently and feel that they don't have to face mental illness alone

**Tel: 01773 734989** Email [DerbyshireRecoveryPeerSupportService@rethink.org](mailto:DerbyshireRecoveryPeerSupportService@rethink.org)

**Web:** [We are Rethink Mental Illness](#)

## Derbyshire Mental Health Support



**Derbyshire Healthcare**  
NHS Foundation Trust

If you or a loved one is experiencing distress or anxiety, or feeling that you can't cope, call us for support over the phone.

**Tel: 0800 028 0077** Email: [derbyshire-healthcareft.nhs.uk](mailto:derbyshire-healthcareft.nhs.uk)

**Web:** [Telephone support for Derbyshire people experiencing anxiety or distress](#)

## Derby and Derbyshire Emotional Health and Wellbeing

Emotional health and wellbeing signposting website,

**Email:** [derbyandderbyshireemotionalhealthandwellbeing.uk](mailto:derbyandderbyshireemotionalhealthandwellbeing.uk)

**Web:** [Derby & Derbyshire - Emotional Health & Wellbeing](#)

## Talking Mental Health Derbyshire



**TALKING**  
MENTAL HEALTH  
DERBYSHIRE

Information and questionnaires to help you decide if a referral is needed, or is self-help might be the better option for you.

**Tel: 0300 123 0542**

**Web:** [Contact us / refer yourself :: Derbyshire Healthcare NHS Foundation Trust \(derbyshirehealthcareft.nhs.uk\)](#)

## NHS Talking Therapies

Talking therapies can help with common mental health problems like stress, anxiety and depression.

**Web:** [NHS talking therapies - NHS \(www.nhs.uk\)](http://www.nhs.uk)

## Vita Minds



Offering a range of talking therapies for depression, generalised anxiety disorder, mixed depression and anxiety, and a range of other conditions.

**Tel: 0333 0153 496**

**Web:** [NHS Talking Therapy | Vita Health Group](#)

## ChatHealth



Need to talk? Whatever's on your mind, we can help. Even if you just need someone who understands or want advice for a friend.

**Web:** [Home Page - ChatHealth](#)

## Rethink



Improving the lives of people severely affected by mental illness.

**Web:** [We are Rethink Mental Illness](#)

## Derbyshire Mental Health Map

Google map designed to give information on mental health services, peer support groups and useful information around Derbyshire.

**Web:** [Rethink Mental Health Support Map Derbyshire - Google My Maps](#)

## Derbyshire Mind



Focusing on improving mental health and wellbeing for people across Derby and Derbyshire

**Tel: 01332 623732**

**Web:** [Home - Derbyshire Mind](#)

# Mental Health: Derbyshire Wide

## Mentell

18+ and need a safe confidential space to talk, free from advice and judgement

Email: [community@mentell.org.uk](mailto:community@mentell.org.uk)

Web: [Mentell – Men, is it time to talk?](#)



## MENTalk

#ItsOkNotToBeOk

Tel: 07976 315919 Email: [mentalkmeeting@gmail.com](mailto:mentalkmeeting@gmail.com)

Web: [MENTalk](#)



## Samaritans

If you need someone to talk to, we listen. We won't judge or tell you what to do.

Tel: 116 123 Email: [jo@samaritans.org](mailto:jo@samaritans.org)

Web: [Samaritans | Every life lost to suicide is a tragedy | Here to listen](#)



## Papyrus Hopeline

Tel: 0800 068 4141 Text:

07860039967 Email: [pat@papyrus-uk.org](mailto:pat@papyrus-uk.org)

Web: [HOPELINEUK | Papyrus UK | Suicide Prevention Charity \(papyrus-uk.org\)](#)



## No Panic

Self-help, recovery, providing people with skills they need to manage their condition

Tel: 0300 772 9844 Youth Line: 0330 606 1174 Email: [info@nopanice.org.uk](mailto:info@nopanice.org.uk)

Web: [Home - NoPanic](#)



## Anxiety UK

Tel: 03444 775 774 Email: [admin@anxietyuk.org.uk](mailto:admin@anxietyuk.org.uk)

Web: [National charity helping people with Anxiety - Anxiety UK](#)



## BEAT Eating Disorders

Tel: 0300 123 3355 Email: [info@beateatingdisorders.org.uk](mailto:info@beateatingdisorders.org.uk)

Web: [Support someone else - Beat \(beateatingdisorders.org.uk\)](#)



## Family Lives: Eating Disorders

Tel: 0808 800 2222 Email: [askus@familylives.org.uk](mailto:askus@familylives.org.uk)

Web: [Bulimia, anorexia help and advice | Family Lives](#)



## First Steps ED

For children and their families, young people, and adults affected by eating disorders

Tel: 0300 1021685 Email: [info@firststepsed.co.uk](mailto:info@firststepsed.co.uk)

Web: [Home - First Steps ED](#)



## Talk ED

Talk ED provides an essential support service for people struggling with eating disorders, and their loved ones

Web: [home - TalkED \(talk-ed.org.uk\)](#)

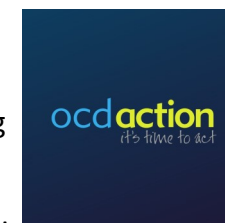


## OCD Action

Delivering frontline services which make a tangible and long-term difference to the lives of people with OCD, their families, carers and friends.

Tel: 0300 636 5478 Email: [info@ocdaction.org.uk](mailto:info@ocdaction.org.uk)

Web: [OCD Action](#)



# Mental Health: Derbyshire Wide

## OCD UK

Tel: 0800 0487012



Web: [OCD-UK | A national](#)

[OCD charity, run by, and for people with lived experience of OCD \(ocduk.org\)](#)

## Cruse Bereavement



Grief can be overwhelming, you don't have to deal with it alone.

Web: [Home - Cruse Bereavement Support](#)

## Suicide Bereavement



Tel: 01706 827 359 Email: [sha-ron.mcdonnell@suicidebereavementuk.com](mailto:sha-ron.mcdonnell@suicidebereavementuk.com)

Web: [Suicide Bereavement Support | Suicide Bereavement UK](#)

## The Compassionate Friends



Help for bereavement of a child

Tel: 07986 595315

Web: [The Compassionate Friends \(tcf.org.uk\)](#)

## Survivors of Bereavement by Suicide

Existing to meet the needs and overcome the isolation experienced by people over 18 who have been bereaved by suicide



Tel: 0300 111 595315 Email: [email.support@uksobs.org](mailto:email.support@uksobs.org)

Web: [Survivors of Bereavement by Suicide – Overcoming the isolation of people bereaved by suicide \(uksobs.org\)](#)

## The Tomorrow Project

Delivering suicide crisis service and a police-referral suicide service



Tel: 01246 541935 Email: [info@tomorrowproject.org.uk](mailto:info@tomorrowproject.org.uk)

Web: [Home - Tomorrow Project](#)

## Treetops

Tel: 0115 949 6944 Email: [info@treetopshospice.org.uk](mailto:info@treetopshospice.org.uk)



Web: [Counselling and Emotional Support Service for adults dealing with bereavement - Treetops Hospice](#)

## Switchboard LGBT+ Support

Tel: 0300 3300630 Email: [hel-lo@switchboard.lgbt](mailto:hel-lo@switchboard.lgbt)



Web: [Switchboard LGBT+ Helpline](#)

## Derbyshire Voluntary Action— Mental Health Support Pack

Derbyshire Voluntary Action's Mental Health Liaison Service have produced a helpful Mental Health Support Pack that provides information about mental health support, training and therapy service



Web: [Mental Health Support Pack | Derbyshire Voluntary Action \(dva.org.uk\)](#)

## How to Register with a GP

**Web:** [How to register with a GP surgery - NHS \(www.nhs.uk\)](http://www.nhs.uk)



## How to find an NHS Dentist

**Web:** [How to find an NHS dentist - NHS \(www.nhs.uk\)](http://www.nhs.uk)



## Service and Support for parents and carer's

**Web:** [Services and support for parents - NHS \(www.nhs.uk\)](http://www.nhs.uk)



## 101

**Web:** [Get help for your symptoms - NHS 111](http://www.nhs.uk)

Tel: 101



## Healthwatch

Telephone support line for people looking access health or care services

**01773 880786**

[enquiries@healthwatchderbyshire.co.uk](mailto:enquiries@healthwatchderbyshire.co.uk)

<http://www.healthwatchderbyshire.co.uk/>



## Your Sexual Health Matters

**Web:** [Home \(yoursexualhealthmatters.org.uk\)](http://www.yoursexualhealthmatters.org.uk)



**Information and booking line:**

0800 328 3383

For sexual health wellbeing information and advice on sexually transmitted infections (STIs) and HIV testing, treatment and contraception, including free postal condoms service and online STI & HIV testing kits, delivered discreetly and confidentially.

# Staying Active: Derbyshire Wide

## Walk Derbyshire

Walk Derbyshire aims to promote all walking opportunities across the county

### General enquiries:

[info@walkderbyshire.org.uk](mailto:info@walkderbyshire.org.uk)

### For more information:

[Find a Route - Walk Derbyshire](#)

[Homepage - Walk Derbyshire](#)



## Active Derbyshire

We work with partners to empower people to be active in a way that works for them

### General enquiries:

[info@activederbyshire.org.uk](mailto:info@activederbyshire.org.uk)

### For more information:

[Home - Making Our Move](#)



## Strictly No Falling

Exercises to keep active and prevent falls.

**Web:** [Age UK Derby and Derbyshire | Strictly No Falling Classes](#)



## Live Life Better Derbyshire

**Tel:** 0800 085 2299 / 01629 538 200

**Email:** [llbd.info@derbyshire.gov.uk](mailto:llbd.info@derbyshire.gov.uk)

**Twitter:** @DCCPublicHealth

**Facebook:** Live Life Better Derbyshire



Whether you want to feel fitter, lose weight or quit smoking we're here to help the people of Derbyshire to Live Life Better.

<https://www.livelifebetterderbyshire.org.uk>

# Safeguarding: Derbyshire Wide

## Child Protection Service



If you believe that any child is in danger ring Call Derbyshire, choosing the option for urgent child protection calls at any time

**Tel:** 01629 533190

Or contact the police by ringing their call centre number tel: 101 (24 hours per day)

**Web:** [Child protection service - Derbyshire County Council](#)

## Derbyshire Safeguarding Adults Board



Concerned about someone? Ring Call Derbyshire.

**Tel:** 01629 533190

**Email:** [asch.bschesterfield@derbyshire.gov.uk](mailto:asch.bschesterfield@derbyshire.gov.uk)

**Web:** [Home - Derbyshire Safeguarding Adults Board \(derbyshiresab.org.uk\)](#)

## Starting Point

\*Professional Use Only\*

A list showing how universal, early help & specialist services in Derbyshire are provided and how support is made available at each level of need.

**Web:** [Starting Point contact and referral service - Derbyshire County Council](#)

## Derby and Derbyshire Safeguarding Children Partnership



**Derby and Derbyshire**  
Safeguarding Children Partnership

Helping to keep children and young people safe in Derbyshire.

**Email:** [ddscp@derby.gov.uk](mailto:ddscp@derby.gov.uk)

**Web:** [Derby Safeguarding Children Partnership \(ddscp.org.uk\)](#)

## Derbyshire Constabulary



Advice for parents, guardians and professionals.

Finding out that your child, or a child in your care, has witnessed or been the victim of child abuse can be incredibly difficult. The first priority is to make sure that the child and any others affected are safe. The second is to ensure that the threat or danger to them is removed. We aim to do both.

**Web:** [Advice for parents, guardians and professionals | Derbyshire Constabulary](#)

## NSPCC Safeguarding Children and Child Protection

**NSPCC**

Resources and guidance for voluntary and community organisations, faith groups, private sector providers, as well as schools, hospitals and sports clubs

**Web:** [Safeguarding children and child protection | NSPCC Learning](#)

## NHS England Safeguarding

**NHS**

NHS England is dedicated in ensuring that the principles and duties of safeguarding children, young people, and adults at risk are holistically, consistently and conscientiously applied with the wellbeing of all, at the heart of what we do.

**Web:** [NHS England » About NHS England Safeguarding](#)

## Gov.UK—Working Together to Safeguard Children



Statutory guidance on inter-agency working to safeguard and promote the welfare of children

**Web:** [Working together to safeguard children - GOV.UK \(www.gov.uk\)](http://www.gov.uk)

## The Children's Society—Child Protection and Safeguarding



Child protection and safeguarding means protecting children from abuse, and identifying and stopping abuse that might already be happening.

**Web:** [Child Protection & Safeguarding | The Children's Society \(childrensociety.org.uk\)](http://childrensociety.org.uk)

## Action for Children—Safeguarding Children



Safeguarding is at the heart of everything we do. It's how we protect children, young people and vulnerable adults from harm.

**Web:** [Safeguarding children | Action For Children](http://actionforchildren.org.uk)

## National Council for Voluntary Organisations—What is Safeguarding

Creating a safe and welcoming environment, where everyone is respected and valued, is at the heart of safeguarding.

It's about making sure your organisation is run in a way that actively prevents harm, harassment, bullying, abuse and neglect. It's also about being ready to respond safely and well if there is a problem.

**Web:** [What is safeguarding? | NCVO](http://ncvo.org.uk)

# Domestic Abuse Support: Derbyshire

## Galop

Domestic Abuse Support for members of the LGBT+ Community

**Tel: 800 999 5428 Email: [help@galop.org.uk](mailto:help@galop.org.uk)**

**Web: [Galop - the LGBT+ anti-abuse charity](#)**



## Safer Derbyshire

Information for Domestic Abuse Support and information Services in Derbyshire.

**Web: [Domestic abuse \(saferderbyshire.gov.uk\)](http://saferderbyshire.gov.uk)**



## Refuge

Freephone, 24 hour Domestic Abuse Helpline

**Tel: 0808 2000 247**

**Web: [Home | Refuge National Domestic Abuse Helpline \(nationaldahelpline.org.uk\)](#)**



## Derbyshire Domestic Abuse Helpline

The Derbyshire Domestic Abuse Helpline facilitated by The Elm Foundation a safe, welcoming, supportive place for any man, woman or child affected by domestic abuse.

**Tel: 08000 198 668 Hard of hearing /deaf text 07534 617252**

**Web: [Haven | Derbyshire Domestic Abuse Helpline](#)**



## Cease delivered by Remedi

A course to give information on indications of an abusive relationship, have an understanding of options available.

**Web: [Remedi \(remediuk.org\)](http://remediuk.org)**



## The Men's Advice Line

A confidential helpline for male victims of Domestic Abuse and those supporting them

**Tel: 0808 801 0327**

**Web: [Domestic Abuse Helpline for Men | Men's Advice Line UK \(mensadviceuk.org.uk\)](#)**



## Respect

Support for perpetrators of Domestic Abuse

**Tel: 0808 8024040**

**Web: [Help For Domestic Violence Perpetrators | Respect Phonenumber UK](#)**

# Respect

## The Elm Foundation

Support whether you are living with domestic abuse now, have been subjected to it in the past, or are concerned about a friend, family member or colleague.

**Tel: 08000 198 668 Email: [derbyshirehelpline@theelmfoundation.org.uk](mailto:derbyshirehelpline@theelmfoundation.org.uk)**

**Web: [The Elm Foundation – Freedom from Domestic Abuse.](#)**



## Women's Aid

**Web: [Home - Women's Aid \(womensaid.org.uk\)](http://womensaid.org.uk)**

**women's aid**  
until women & children are safe

## Silent Solution

If you phone: **999** from a mobile but it is not safe for you to speak, Silent Solution is a system the police use to assess and respond to your call.

Phone: **999** and if it's not safe to respond to the BT operator when they ask what service you want, stay connected. If the operator hears any suspicious noise, you'll be transferred to the police.

If nothing is heard, you may be asked to press 55 - this will connect you to a police call handler. Listen carefully to their questions and instructions so that they can assess your situation and arrange for assistance. This system means that the police can respond to genuine emergencies when people are in danger and accidental or hoax 999 calls do not distract them.

**Make Yourself Heard**

**In danger, need the police, but can't speak?**

- 1 Dial 999**
- 2 Listen to the questions from the 999 operator**
- 3 Respond by coughing or tapping the handset if you can**
- 4 If prompted, press 55**  
This lets the 999 call operator know it's a genuine emergency and you'll be put through to the police.

**IOPC** Independent Office for Police Conduct | **#YouAreNotAlone** | Supported by **women's aid** until women & children are safe | **NPCC** National Police Chiefs' Council

## Derbyshire Victim Services

**Tel:** 0800 612 6505

**Text:** DVS to 82228

**Web:** [www.derbyshirevictimservices.co.uk](http://www.derbyshirevictimservices.co.uk)

**Email:** [support@dvssupport.org](mailto:support@dvssupport.org)



## Derbyshire Domestic Abuse Support Services

### CHANGES Project

Changes is a voluntary programme assisting those concerned they might be hurting, scaring, or controlling their partner and want help making changes

## Changes

**Do you want to make changes?**

Relationships can be challenging and make us feel vulnerable. Being intimate with someone means getting close enough to get hurt. This means our emotions feel stronger than they do with other people: we can get frustrated, feel jealous and worry when things aren't working how we want them to.

You do not have the right to hurt or scare your partner (or ex-partner), call them names, intimidate them or force them to do things they do not want to do. You do not have the right to choose who they can or cannot see.

But it's never too late to start making changes.

We sometimes find ourselves behaving in ways which hurt or scare the people around us, and make us feel bad about ourselves.

Do you want to change your behaviour? We can help you to start to make positive changes.

**This service is completely free of charge and tailored to meet individual needs.**

We provide individual assessments, and group-work sessions which help people to understand relationship difficulties, to take responsibility for abusive behaviour, and to make positive changes for themselves, their (ex) partners, and their children (if they have any).

**Eligibility Criteria:**

Males, aged 18 years or over who are not currently involved in any Criminal proceedings, and not actively involved in Private Family Law proceedings, or have been within the previous 12 months.

Using violent and/or abusive behaviour towards their partner or ex-partner and identified as Low or Medium risk

Ready and willing to learn and take accountability for their actions.

If any mental health needs/concerns, or any drug/substance/alcohol misuse have been identified which may impact on service provision, the client must be actively seeking/receiving support for this in order to be accepted onto the programme.

**Professional Referrals:**

If you suspect or know that someone you are working with is mistreating their partner, please get in touch. We can help them make positive changes in their life so they stop their abusive behaviour towards others. We also provide practical 1-2-1 support to survivors who are partners/ex-partners of those who are participating in the Changes programme.

**Project aims:**

- ✓ Increase the safety for victims of domestic abuse and their children
- ✓ Assess and manage risk
- ✓ Victim supported by Partner Safety Worker
- ✓ Provide services to diverse communities
- ✓ Promote respectful relationships
- ✓ Hold perpetrators to account
- ✓ Deliver a co-ordinated response
- ✓ Evaluation and development
- ✓ Support social change

**Project Providers:**

The Changes project is managed and delivered by a consortium of three organisations, who deliver intervention, guidance and support to those individuals referred to the project.

The consortium is made up of three specialist domestic abuse support providers: **The Elm Foundation, Crossroads Derbyshire and Derbyshire WISH Domestic Abuse Services** and together the consortium provides cover throughout Derbyshire.

01773 483430  
[CHANGES@ncha.org.uk](mailto:CHANGES@ncha.org.uk)

## 180 Derbyshire

**180°**  
Changing abusive behaviour  
Creating healthy relationships.

## The 180° Project

We can stop abusive behaviour in its tracks. If someone wants to change, we can work with them to **transform their behaviour** and unlock healthier relationships.

glow

**Tel:** 07974 608015

**Email:** [180derbyshire@findtheglow.org.uk](mailto:180derbyshire@findtheglow.org.uk)

**Web:** [findtheglow.org.uk](http://findtheglow.org.uk)

## Rights of Women

Legal Advice for women in England and Wales on criminal law.

**Tel: 020 7251 8887 Tuesday 14:00—16:00**

**Thursday 19:00—21:00 | Email: [nfo@row.org.uk](mailto:nfo@row.org.uk)**

**Web:** [Rights of Women - Helping Women Through The Law](#)  
[Rights of Women | helping women through the law](#)



## SV2

SV2 is a charity commissioned by Derbyshire Constabulary. We work in partnership with the police but independently in order to advocate for anyone who accesses our services

**Tel: 01773 746 115 Email: [help@sv2.org.uk](mailto:help@sv2.org.uk)**

**Web:** [SV2 - Supporting Victims of Sexual Violence - Home](#)



## Sail

Sexual Abuse and Incest Line

**Tel: 0800 028 2678 Text Only 07522 561397**

**Email: [helpline@sailderbyshire.org.uk](mailto:helpline@sailderbyshire.org.uk)**

**Web:** [SAIL Derbyshire - Sexual Abuse & Incest Line](#)



# Addiction Support: Derbyshire Wide

## Derbyshire Recovery Partnership

Do you, or someone you know, have problems with Alcohol or Drugs and are finding that this is causing you problems?

**Telephone: 0124 620 6514**

**Email: [info@derbyshirerecoverypartnership.co.uk](mailto:info@derbyshirerecoverypartnership.co.uk)**

**Web: [Derbyshire Recovery Partnership](#)**



## Change, Grow and Live (CGL)

We're here for you if you need help with challenges including drugs or alcohol

**Web (Find your nearest support ):** [Change Grow Live](#) | [Charity](#) |

[We can help you change your life](#)



## FRANK

Drugs A-Z List, Advice and Support. Are you worried about a friend/child or unsure of what to do in a drug related emergency? Contact FRANK for help & advice.

**Telephone: 0300 123 6600**

**Text: 82111**

**Email: [frank@talktofrank.com](mailto:frank@talktofrank.com)**

**Web: [Honest information about drugs](#)**

[| FRANK \(talktofrank.com\)](#)



## NHS Advice

**Web (Drug Addiction): [Drug Addiction](#)**

**Web (Alcohol Addiction): [Alcohol Addiction](#)**



## Action For Children Derbyshire-Substance Misuse

Space 4 U: Supporting children who are seriously affected by someone else's substance misuse.

**Telephone: [Contact us](#) | [Action for Children Derbyshire](#) | [Action for Children](#)**

**Email: [Contact us](#) | [Action for Children Derbyshire](#) | [Action for Children](#)**

**Web: [Action For Children](#)**



## Rehab 4 Addiction

Service that helps people find the nearest rehabilitation treatment centre for addiction.

An advisory and referral service for people who suffer from alcohol, drug and behavioural addiction.

**Telephone: 0800 140 4690**

**Email: [info@rehab4addiction.co.uk](mailto:info@rehab4addiction.co.uk)**

**Web (Find your nearest support ):** [Rehab 4 Addiction: Drug Rehab & Alcohol Rehab Treatment](#)



## Nacoa

Providing information, advice and support for everyone affected by a parent's drinking

**Telephone: 0800 358 3456**

**Email: [helpline@nacoa.org.uk](mailto:helpline@nacoa.org.uk)**

**Web: [Nacoa: Helping everyone affected by their parent's drinking - Nacoa](#)**



## GamCare

One-to-one face-to-face, online and telephone therapeutic support and treatment for people experiencing gambling harm, as well as family and friends who are impacted by gambling across the East Midlands.

**Telephone: 0808 8020 133**

**Live Chat: [Talk to us now - GamCare](#)**

**Web: [Homepage](#)**



## Gordon Moody

The leading provider of gambling therapy services in the UK and a force of healing and hope for individuals, families and communities affected by gambling related harm.

At Gordon Moody we deliver a range of services from residential treatment to online support.

**Web: [Gambling Therapy - Practical advice and support for problem gambling](#)**



## YGAM

YGAM is an educational charity and does not provide direct treatment or support to those affected by gambling or gaming, but our extensive directory will help you get the support you need.

**Web: [Homepage - YGAM](#)**



# LGBT+ Support: Derbyshire Wide

## Derbyshire LGBT+

Derbyshire LGBT+ is Derbyshire's only LGBT+ specific support service, we are here to support anyone who is Lesbian, Gay, Bisexual and Transgender or anyone who is having issues with their sexual orientation or gender identity, this includes family and friends. In person and online youth groups available

Tel: 01332 207 704

Email: [info@derbyshirelgbt.org.uk](mailto:info@derbyshirelgbt.org.uk)

Web: [Derbyshire LGBT+](#)



## Consortium—For Stronger LGBT+ Communities

Derbyshire LGBT+ Mission Statement "Providing high-quality services for LGBT+ people throughout Derbyshire"

Web: [Derbyshire LGBT+ \(consortium.lgbt\)](#)



## Galop

Our team has decades of experience in supporting LGBT+ people who are victims of domestic abuse, sexual violence, hate crime, so-called conversion therapies, honour-based abuse, forced marriage, and other forms of abuse

Tel: 0800 999 5428

Email: [help@galop.org.uk](mailto:help@galop.org.uk)

Web: [Galop - the LGBT+ anti-abuse charity](#)



## Stonewall: LGBT+ Support

Whether or not you feel ready to dive into a new opportunity, you might need support on your journey

Web: [LGBTQ+ Support | Stonewall](#)



## Mermaids

A safe place for transgender, nonbinary and gender-diverse young people to find support and help one another.

Tel: 0808 801 0400

Web: [Homepage - Mermaids \(mermaidsuk.org.uk\)](#)



## LGBT Collective Revolution

LGBT Collective are an LGBT+ Provision in Derbyshire. All LGBT Collective groups, activities and support we offer are inclusive and they welcome both LGBT+ community and allies to all our provisions

Web: [LGBT COLLECTIVE » A new LGBT provision for Derbyshire groups, support and events](#)



# Support for Children and Young People: Derbyshire Wide

## Childline

Free phone line, email or one to one online chat with a counsellor, for any young person aged under 19. Available any time day or night for any young person needing any kind of support or advice. Phone call does not show up on a phone bill.

**Telephone:** 0800 1111

**Email:** available upon setting up a confidential online account

**Web:** [Childline | Childline](#)



## GIRES– Gender Identity Research & Education Society

GIRES is a professionally managed membership charity supported by volunteers that, in collaboration with other groups in its field, hears, helps, empowers and gives a voice to trans and gender diverse individuals, including those who are non-binary and non-gender, as well as their families.

**Tel:** 01372 359 481, Mon– Fri 8am– 4pm

**Web:** [Gender Identity Research & Education Society – Improving the Lives of Trans People \(gires.org.uk\)](#)



## Derbyshire LGBT+

Derbyshire LGBT+ is Derbyshire's only LGBT+ specific support service, we are here to support anyone who is Lesbian, Gay, Bisexual & Transgender or anyone who is having issues with their sexual orientation or gender identity, this includes family and friends. In person and online youth groups available.

**Telephone:** 01332 207 704

**Email:** [info@derbyshirelgbt.org.uk](mailto:info@derbyshirelgbt.org.uk)

**Web:** [Derbyshire LGBT+](#)



## SHINE

Cancer support for young adults. Support groups across the UK.

**Tel:** 07804 479413, Mon– Fri 10am– 6pm

**Web:** [home - Cancer support charity for young people - Shine \(shinecancersupport.org\)](#)



## Carers Trust

Carers Trust's network of local carer organisations in England, Scotland and Wales offer information, advice, practical support and/or care in the home. Many of them, but not all, have services for young carers and young adult carers.

**Telephone:** 0300 772 9600, Mon– Fri 9am– 5pm

**Email:** [info@carers.org](mailto:info@carers.org)

**Web:** [Homepage - Carers Trust](#)



## Derbyshire Carers Association

Support groups, activities and events for young carers across Derbyshire (not Derby City). We can offer support to help young people manage their caring responsibilities, such as accessing funding, moving into higher education and accessing adult carer services.

**Telephone:** 01773 833833

**Email:** [info@derbyshirecarers.co.uk](mailto:info@derbyshirecarers.co.uk)

**Web:** [home - Cancer support charity for young people - Shine \(shinecancersupport.org\)](#)



# Support for Children and Young People: Derbyshire Wide

## Spurgeons

Spurgeons offers a wide range of services to support young carers, from mentoring and educational support to activities and trips away to give them much needed time out from their caring duties.

**Tel:** 01933 412412, Mon– Fri 9am– 5pm

**Email:** [info@spurgeons.org](mailto:info@spurgeons.org)

**Web:** [Home - Spurgeons](#)



## Action for children– Sidekick

Sidekick is a confidential helpline for young carers in the UK. You can message us any time, about anything that's bothering you as a young carer.

**Telephone:** 07888 868 059 (text only)

**Email:** [sidekick@actionforchildren.org](mailto:sidekick@actionforchildren.org)

**Web:** [Sidekick from Action for Children | Text us your question](#)



## Barnardos

We offer practical and emotional support so that you can enter adulthood with the confidence you need to achieve your full potential. Support for young carers, care leavers, homelessness, employment training and skills, mental health and LGBTQ+ support.

**Telephone:** 0800 11 11

**Web:** [Believe in children | Children's charity | Barnardo's \(barnardos.org.uk\)](#)



## Me We Young Carers

An online booklet of advice for young carers made by young carers.

**Web:** [Booklet for young carers – me-we.eu](#)



## The Children's Society

Offering education and guidance to young people and professionals around child sexual exploitation, children's rights and advocacy, county lines and criminal exploitation, mental health and wellbeing, young people missing from home, poverty, refugees and migrants, young carers and substance misuse.

**Telephone:** 0300 303 7000

**Email:** [supportercare@childrensociety.org.uk](mailto:supportercare@childrensociety.org.uk)

**Web:** [The Children's Society | UK children's charity \(childrensociety.org.uk\)](#)

**The  
Children's  
Society**

## Derbyshire Children's Centres



Information, support and guidance for parents can be found on the respective Facebook pages of our centres:

- [Amber Valley children's centres](#)
- [Bolsover and North East children's centres](#)
- [Chesterfield children's centres](#)
- [Erewash children's centres](#)
- [High Peak and North Dales children's centres](#)
- [South Derbyshire and South Dales children's centres](#)

Our Facebook pages provide a wide range of information, including safety information, links to local services, welfare support, activities to be done at home, healthy eating, dental health and much more.

## Derbyshire Libraries events



**Tel:** 01629 533444

**Email:** [ask.library@derbyshire.gov.uk](mailto:ask.library@derbyshire.gov.uk)

**Facebook:** [Derbyshire Libraries | Facebook](#)

Visit the Facebook site for information on events and activities for adults and children at your local library.

**Baby and toddler rhyme time events:** [Story and rhyme times - Derbyshire County Council](#)

## Derbyshire Family Health Service



Here to support you and your family as part of the 0-19 year olds free public health and wellbeing services.

**Tel:** 01246 515100

**Web:** [Derbyshire Family Health Service](#)

## The Family Corner



Information, advice, activities, online learning for all the family

**Web:** [Family Corner | Features and tips about your child's development](#)

## HENRY



HENRY programmes Healthy Families Right From the Start 0-5 years, Healthy Families Growing Up 5-12 years, and Fussy Eating online workshops are running either online or in local venues across Derbyshire.

**Web:** [Health, exercise and nutrition for the really young \(HENRY\) - Derbyshire County Council](#)

The HENRY programmes are free to join and help you give your child the best possible start in life.

**Web:** [Homepage | HENRY](#)

## Junction Arts -



## Derbyshire based participatory Arts Organisation

Online Activities for Children.

**Web:** [Junction Arts | Voyage of discovery](#)

## Let's Go with the Children

Find fun filled family activities.



**Web:** [Places to go across the UK | Lets Go With The Children](#)

## British Society of Paediatric Dentistry



BSPD has lined up a great team to help make toothbrushing fun for families. Meet Dr Ranj, Hey Duggee, CBeebies and Brush DJ. Choose a video and be inspired to look after your teeth!

**Web:** [British Society of Paediatric Dentistry \(BSPD\) > Kidsvids](#)

## Healthzone App

Parents can use these to find out local information of what's available to support them in pregnancy and post birth.

Each hospital uploads their own information.

**See link to the app:**

[HealthZone UK – Apps on Google Play](#)

## HANDI App

The HANDI paediatric app is a free app designed for parents, offering simple and straightforward advice to help you feel more confident to deal with a range of common childhood illnesses.



**Web:** [HANDI Paediatric app :: Derbyshire Family Health Service](#)

- [Download HANDI on Apple device](#)

- [Download HANDI on Android device](#)

## Tiny Happy People

Tiny Happy People is here to help you develop your child's language skills. Explore our simple activities and play ideas and find out about babies and toddlers' amazing early development.



**Web:** [Children's language development and parenting advice - BBC Tiny Happy People](#)

## Mother Hub

For Derbyshire women showing with the choices they have in their maternity care and provide reliable information for pregnancy, birth and the early days with baby.



**Web:** [MOTHERHUB | FERTILITY | PREGNANCY | FOURTH TRIMESTER \(welcometomotherhub.com\)](#)

## Derbyshire DadPad

Aims to help dads to be prepared for parenthood. Supporting patients and families, 1-1 support for families patients and carers and look at their needs.



**To find out more and to download the app:**  
[www.thedadpad.co.uk/app](http://www.thedadpad.co.uk/app)

## The Breastfeeding Network

National Breastfeeding Helpline: **0300 100 0212**.

**Web:** [Home - The Breastfeeding Network](#)



**For queries relating to Drugs in Breastmilk please visit the [Drugs in Breastmilk](#) page where you can access our factsheets or contact the DIBM team directly on [druginformation@breastfeedingnetwork.org.uk](mailto:druginformation@breastfeedingnetwork.org.uk).**

## Association of Breastfeeding Mothers

Breastfeeding support – use the link to find a group near you.



**Web:** [Association of Breastfeeding Mothersad.co.uk/app](http://AssociationofBreastfeedingMothersad.co.uk/app)

## Better Health, Start for Life

Whatever you want to know about parenthood, from breastfeeding to when your baby will have their first vaccinations, you should find it here. We're here to give you the essential guide and lots of free tools for having a healthy, happy baby.



**Web:** [Baby | Start4Life \(www.nhs.uk\)](http://Baby|Start4Life(www.nhs.uk))

## Cry -Sis

**Tel:** 08451 228 669

(Charged call - 9am to 10pm, 7 days a week.)

CRY-SIS HELPLINE 08451 228 669  
Lines open 7 days a week 9am-10pm  
to per minute plus the standard network charge

**Web:** [Help with older babies | cry-sis](#)

**Web:** [Help with young babies | cry-sis](#)

## Financial help for Childcare

**Web:** [Childcare - GOV.UK](http://www.gov.uk)  
([www.gov.uk](http://www.gov.uk))



## Derbyshire Families Information Service (FIS)

Free, impartial information and guidance for parents, carers, practitioners, children, and young people on a wide range of services, activities, funded childcare options and events available in Derbyshire.



**Tel:** 01629 535793 (9am-5pm Monday to Friday)

**Email:** [info.fis@derbyshire.gov.uk](mailto:info.fis@derbyshire.gov.uk)

**Facebook:** [Derbyshire Families Information Service - FIS | Matlock | Facebook](#)

**Web:** [Families Information Service \(FIS\) - Derbyshire County Council](#)



## Funded Childcare for 2 year olds

Derbyshire families on a low income or on certain benefits can get up to 15 hours of funded childcare per week for their 2-year-olds.

**Tel:** 01629 535793 (9am-5pm Monday to Friday)

**Email:** [info.fis@derbyshire.gov.uk](mailto:info.fis@derbyshire.gov.uk)

**Web:** [Funded childcare for eligible 2-year-olds - Derbyshire County Council](#)

## PACEY

Discover more about how professional childcare can be the best choice for your family and put your mind at ease.

**Web:** [Parents | PACEY](#)



## Safety Concerns

If you are concerned about a child and think it's an emergency - **Call 999**

**Non emergencies - Call 101**

On a train - text British Transport Police on **61016**.  
Otherwise contact Crimestoppers on **0800 555 111**.



**Don't wait. Report it.**

## Safe and Sound

**Tel:** [01332 36212](tel:0133236212)

Supporting vulnerable young people at risk of exploitation across Derby and Derbyshire.

Open to parents and professionals as well as young people.

Online reporting system.

Enquiry form available online.

**Web:** [Home - SAFE AND SOUND](http://www.safeandsoundgroup.org.uk)  
([safeandsoundgroup.org.uk](http://www.safeandsoundgroup.org.uk))



**Facebook:** <https://www.facebook.com/safesoundgroup/>

## PACE - Parents Against Child Exploitation

Information to enable parents and carers to safeguard and stop their children being exploited.



**Web:** [Parents Against Child Exploitation \(Pace\) UK \(paceuk.info\)](http://paceuk.info)

## Safe to Net

Parental control Apps to keep children safe on the internet.



**Web:** [Best Parental Control Apps for iPhone | Best Parental App for iPhone \(safetonet.com\)](http://safetonet.com)

## UK Safer Internet Centre

Information for parents and carers to help keep children safe online.



**Web:** [Parents and Carers - UK Safer Internet Centre](http://www.saferinternet.org.uk)

## Families Information Service (FIS)



Email: [info.fis@derbyshire.gov.uk](mailto:info.fis@derbyshire.gov.uk)

Tel: 01629 535793 9am-5pm Mon to Fri

Email: [info.fis@derbyshire.gov.uk](mailto:info.fis@derbyshire.gov.uk)

Derbyshire's Families Information Service (FIS) provides free, impartial information and guidance for parents, carers, practitioners, children, and young people on a wide range of services, activities, and events available in Derbyshire.

## Barnardo's Family Support Service



Tel: 01773 825923

Email: [family.support@barnardos.org.uk](mailto:family.support@barnardos.org.uk)

Web: [www.barnardos.org.uk/family-support-service](http://www.barnardos.org.uk/family-support-service)

Offering support to parents, carers and families in the community and in diverse cultural circumstances. Guidance and advice aimed at supporting vulnerable children and their families is also offered.

### HOW TO ACCESS

Self referral, drop in and professional referrals

Monday-Thursday: 8am-5pm

Friday: 8am-4pm, Saturday: 9am-1pm,

De Bradelei Mill House

1st Floor Office Suite

Chapel Street, Belper

DE56 1AR

## ChatHealth

Text (Young person aged 11-19): [07507327104](tel:07507327104)

Text (Parent/carer): [07507327754](tel:07507327754)

Email: [BuildSoundMindsDD@actionforchildren.org.uk](mailto:BuildSoundMindsDD@actionforchildren.org.uk)

Web: [www.services.actionforchildren.org.uk/derbyshire/](http://www.services.actionforchildren.org.uk/derbyshire/)

A text messaging service run by Derby Family Health for young people, parents and carers living in Derby city offering confidential health advice and support.

Young people and their parents can text for advice on issues such as sexual health, relationships, drug and alcohol use and physical health.

The team is made up of qualified school nurses, health visitors, community staff nurses and support workers, and can advise and support young people on a range of issues such as sexual health, relationships, drug and alcohol use and physical health.

Parents and carers of young children can get advice on issues such as bedwetting, feeding problems, behaviour and speech concerns.

Text service available Mon –Fri; 9 –5pm

## Code Club

Riverside, Alvaston, Mickleover & Normanton libraries



Web: [www.inderby.org.uk/libraries/clubs-and-activities/code-club-for-children](http://www.inderby.org.uk/libraries/clubs-and-activities/code-club-for-children)

Age: 9-13 years

Cost: Free, booking essential

Saturdays: Term time, must be a member of the library, easy to join in person or online.

Coding clubs organised by libraries. Sessions are run by trained volunteers, teaching children basic computer programming, including how to create computer games and animations.



## Home Start

**Tel:** 01332 742619

**Email:** [admin@homestartderby.co.uk](mailto:admin@homestartderby.co.uk)

**Web:** [www.homestartderby.co.uk](http://www.homestartderby.co.uk)

Offering early intervention and support to parents through home start volunteers visiting parents in their own home. Helping parents gain the skills and confidence to ensure their children get the best possible start in life and achieve their full potential. Also a project specifically for vulnerable parents

Self-referral, supporting families in and around Derby and the Amber Valley that have at least one child under five.

Monday – Friday; 9-4pm



# SEND Support: Derbyshire Wide

## Derbyshire Information, Advice and Support Service for SEND



Providing impartial advice for special educational needs and disability

**Derbyshire  
information Advice &  
Support Service for SEND**

**Tel: 01629 533668 Email: [ias.service@derbyshire.gov.uk](mailto:ias.service@derbyshire.gov.uk)**

**Web: [Welcome to the Derbyshire Information, Advice and Support Service for SEND - Derbyshire Information, Advice & Support Service for SEND](#)**  
**([derbyshireiass.co.uk](http://derbyshireiass.co.uk))**

## Ambitious About Autism



**Ambitious  
about Autism**

Supporting autistic children and young people, championing their rights and creating opportunities

**Tel: 020 8815 5444 Email: [info@ambitiousaboutautism.org.uk](mailto:info@ambitiousaboutautism.org.uk)**

**Web: [Ambitious about Autism | National charity for autistic children and young people](#)**

## Autism Information and Advice

**Tel: 01332 228790 Email [autismservice@citizensadvicemidmercia.org.uk](mailto:autismservice@citizensadvicemidmercia.org.uk)**

**Web: [Autism Services | Hello and welcome to Derbyshire's new Autism Information and Advice Service!](#)**  
**([autisminformationservice.org.uk](http://autisminformationservice.org.uk))**



## National Autistic Society

Campaigning for the improved rights of people with autism



**Tel: 0207 833 2299 Email: [nas@nas.org.uk](mailto:nas@nas.org.uk)**

**Web: [National Autistic Society \(autism.org.uk\)](http://NationalAutisticSociety.org.uk)**

## Centre for ADHD & Autism Support

**Tel: 01773 741221 Email: [enquiries@adhdandautism.org](mailto:enquiries@adhdandautism.org)**



**Web: [Home - Centre for ADHD and Autism Support](#)**

## See Ability

**SEE ABILITY**

Specialising in supporting people who have learning disabilities or autism

**Tel: 01372 755 000 Email: [enquiries@seeability.org](mailto:enquiries@seeability.org)**

**Web: [Our specialisms | SeeAbility](#)**

## Mencap

Supporting people with Learning Disabilities and their families.



**Tel: 0207 833 2299 Email: [helpline@mencap.org.uk](mailto:helpline@mencap.org.uk)**

**Web: [Learning Disability - Down's Syndrome - Williams syndrome | Mencap](#)**

## Association for Real Change

Supporting people with Learning Disabilities



**Tel: 01246 555043 Email: [contact.us@arcuk.org.uk](mailto:contact.us@arcuk.org.uk)**

**Web: [ARC UK – Association for Real Change](#)**

## Penderels Trust

**Tel: 02476 511 611 Email: [derbyshire@penderelstrust.org.uk](mailto:derbyshire@penderelstrust.org.uk)**

**Web: [Penderels Trust - Opening the Door to Independent Living](#)**

## Leonard Cheshire

Providing support to people with disabilities to live, learn and work as independently as they choose, whatever their ability



**Tel: 01246 268339**

**Web: [home | Leonard Cheshire](#)**

# SEND Support: Derbyshire Wide

## Accessible Derbyshire

Helping to make Derbyshire accessible for all



Email: [info@accessiblederbyshire.org](mailto:info@accessiblederbyshire.org)

Web: [Accessible Derbyshire - Welcome](#)

## Revitalise



Creating lasting experiences for people with disabilities

Tel: 0208 501 2331 Email: [marketing@revitalise.org.uk](mailto:marketing@revitalise.org.uk)

Web: [Home](#) | [Revitalise](#)

## Mid-Derbyshire Riding for the Disabled

Tel: 07933 295630

Web: [Mid-Derbyshire Riding For The Disabled | It's what you CAN do that counts \(wordpress.com\)](#)

## Disability Assist

Email: [disabilityassist@hotmail.co.uk](mailto:disabilityassist@hotmail.co.uk)

Web: [Disability Assist | Disabled People's Information Advice and Guidance Service \(wordpress.com\)](#)

## British Red Cross—Hire or Rent a Wheelchair

Find out about hiring a wheelchair for short term use, near to where you live

Web: [Hire or rent a wheelchair | British Red Cross](#)



## Disability Sport

**DisabilitySport.org.uk** is a guide to organised sport and recreational opportunities for people with disabilities at both local and international levels

Email: [info@disabilitysport.org.uk](mailto:info@disabilitysport.org.uk)

Web: [Disability Sport - About Us](#)

## Epilepsy Action

Tel: 0808 800 5050 Email: [epilepsy@epilepsy.org.uk](mailto:epilepsy@epilepsy.org.uk)

Web: [Home - Epilepsy Action](#)



## Royal Association for Deaf People

Providing services to deaf people in their first or preferred language, usually British Sign Language (BSL)

Tel: 0300 688 2525 Email: [info@royaldeaf.org.uk](mailto:info@royaldeaf.org.uk)

Web: [Home Page - Royal Association for Deaf people \(royaldeaf.org.uk\)](#)



## Deaf-initely Women

Tel: 01773 828233 Email: [info@deafinitelywomen.org.uk](mailto:info@deafinitelywomen.org.uk)

Web: [Deaf-initely Women | Deaf Women in Derby, Derbyshire, Nottingham, Nottinghamshire, Stronger Together \(deafinitelywomen.org.uk\)](#)

## British Acoustic Neuroma Association

Tel: 01246 550011 Email: [admin@bana-uk.com](mailto:admin@bana-uk.com)

Web: [Login - BANA | British Acoustic Neuroma Association \(bana-uk.com\)](#)

# SEND Support: Derbyshire Wide

## National Deaf Children's Society

Web: [National Deaf Children's Society | Supporting deaf children \(ndcs.org.uk\)](https://www.ndcs.org.uk)



**National  
Deaf Children's  
Society**

## Royal National Institute of the Blind

Tel: 0303 123 9999

Web: [RNIB | Home](https://www.rnib.org.uk)

**RNIB**

supporting blind and  
partially sighted people

## Outdoor Learning

Tel: 01629 533439

Email: [environmentalstudies@derbyshire.gov.uk](mailto:environmentalstudies@derbyshire.gov.uk)

Educational visits, trips, training, workshops, and Derbyshire Forest School Projects.

**Web:** [Derbyshire Environmental Studies Service - Derbyshire County Council](#)  
[Derbyshire Environmental Studies Service booklet](#)



## Derbyshire Adult Community Education

**Online directory:**

[Derbyshire Adult Community Education Service Events | Eventbrite](#)



## Courses offering different qualifications and study levels

We offer a range of courses offering different qualifications and study levels, and support and guidance to help you make the right decision.

**Web:** [Qualifications and skills - Derbyshire County Council](#)



## Careers Workshops

Tel: 07812 473033 / 07812 473034

Email: [ncs.scans@derbyshire.gov.uk](mailto:ncs.scans@derbyshire.gov.uk)

**Workshops for:**

- 18 to 24
- 50+ career planning
- CV and job searching Interview Skills
- Identifying transferable skills

**Web:** [Careers workshops - Derbyshire County Council](#)



## DCC Learning for 14 – 19 Year Olds

**Email:** [14-](mailto:14-19study.programme@derbyshire.gov.uk)

[19study.programme@derbyshire.gov.uk](mailto:19study.programme@derbyshire.gov.uk)

Build your confidence and gain real skills for work or to help you with further study.

**Leaflet:** [Learning for 14 to 19-year-olds \(derbyshire.gov.uk\)](#)

**Web:** [Learning for 14 to 19-year-olds - Derbyshire County Council](#)



## Learn My Way

**Web:** [Learn My Way - Good Things Foundation](#)



Free courses for you to learn digital skills to stay safe and connected.

## Get online in Derbyshire - local support

Rural Action Derbyshire has a map that lists digital inclusion projects, activities and support that can be accessed across Derbyshire.

**Web:** [Find Digital Support in Derbyshire | Rural Action Derbyshire](#)



# Employment & Training: Derbyshire Wide

## National Careers Service

Tel: 0800 100 900 to speak to an adviser.

We're open:

**8am to 8pm** Monday to Friday

**10am to 5pm** Saturday and bank holidays.

**Web:** [Careers advice - job profiles,](#)

[information and resources](#) | [National Careers Service](#)



## Derbyshire County Council Careers Service



Advice and guidance about career opportunities, learning and employment to any Derbyshire residents aged 19 years and over and to those aged 18 who are not currently in education, employment or training.

**County Wide contact:**

Tel: 07717 343085

**Email:** [louise.wilson@derbyshire.gov.uk](mailto:louise.wilson@derbyshire.gov.uk)

**For more information and to register your**

**interest online:** [Careers service - Derbyshire County Council](#)

## Get online in Derbyshire - local support

Rural Action Derbyshire has a map that lists digital inclusion projects, activities and support that can be accessed across Derbyshire.

**Web:** [Find Digital Support in Derbyshire](#) | [Rural Action Derbyshire](#)



## Reed in Partnership - Derbyshire

**Buxton**

Tel: 01298 60 53 76

**Chesterfield**

Tel: 01246 95 62 75

**Derby - Aspire House**

Tel: 01332 32 13 28

**Derby - Stuart House**

Tel: 01332 973244

**Swadlincote**

Tel: 0128 390 7035

**Web:** [Reed in Partnership](#)

Offering courses to help further career skills

**Web:** [Training Courses & Qualifications on reed.co.uk](#)



## Princes Trust—Start Your Own Business

Take that dream you've been dreaming of and, with our Enterprise training, mentoring and funding, become your own boss.

**Web:** [Support for starting a business |](#)

[Help for young people](#) | [The Prince's Trust \(princes-trust.org.uk\)](#)



Prince's Trust

## Princes Trust—Build Your Confidence

We've got a range of programmes to develop your skills and boost your confidence. Try something different with new friends today!

**Web:** [Grow your skills and confidence | How we can help](#) | [The Prince's Trust \(princes-trust.org.uk\)](#)

## Derbyshire Careers Service

**Email:** [wendy.leigh@derbyshire.gov.uk](mailto:wendy.leigh@derbyshire.gov.uk)

**Call:** 07717 303855

**Web:** [Careers service - Derbyshire County Council](#)

Impartial information, advice and guidance on employment and learning to anyone 19 years or older or 18 who is not in employment, education or training.

## NLT Step Into Employment and Training

Delivering engineering, business and health & safety training to companies across Derbyshire.

**Web:** [NLT Training Services | Chesterfield / Scunthorpe | Engineering, Industry & Business Skills Apprenticeships \(nlt-training.co.uk\)](#)



## YES (Youth Employment Support)

**Tel:** 01629 539720

**Text:** HUB to [86555](tel:086555)

**Email:** [youth.hub@derbyshire.gov.uk](mailto:youth.hub@derbyshire.gov.uk)

This is a one-stop-shop for young people aged from 16 to 24, offering access to training and careers advice and guidance.

Working in partnership, we have developed an inviting and engaging space for the Youth Hub, enabling young people to access support both locally and in an environment that is in the heart of the community. The aim is to provide an alternative space away from the Job Centre.

**Web:** [Youth employment support - Derbyshire County Council](#)

## Way2Work

**Tel:** 08000 858520

**Web:** [Way2Work - Futures for You](#)



Whatever your age, abilities or background, Way2Work from Futures will help you find work quickly if that's what you need, or work with you to get you the skills to become work-ready

## Well for Work

For those who aren't ready to jump straight into work, individual support can be offered to develop confidence, skills and the ability to enter employment as a longer term goal.

**Tel:** 07812 473 033

Or register your interest online at: [Careers service - Derbyshire County Council](#)

**Web:** [Well for Work - Futures for You](#)



## Make it Click

**Tel:** 0114 349 1666

**Email:** [hello@goodthingsfoundation.org](mailto:hello@goodthingsfoundation.org)



Make It Click features free courses, tools and templates that you can trust. You can learn new apps, improve the skills you already have and take a positive step forward in your work.

**Web:** [Making It Click: Supporting people with low internet use - Good Things Foundation](#)

## D2N2 Skills Bootcamp

Skills Bootcamps are free, flexible courses of up to 16 weeks, giving people the opportunity to build up sector-specific skills and fast-track to an interview with a local employer. All Skills Bootcamps will offer a guaranteed interview for a job at the end.

**Web:** [What are Skills Bootcamps? | D2N2 \(d2n2lep.org\)](#)



## Gov Skills Toolkit

Free courses to help you learn new skills or get a new job

Learn about:

- practical maths
  - computer essentials
  - personal growth and wellbeing
  - professional development
  - business and finance
  - digital design and marketing
- computer science and coding

**Web:** [The Skills Toolkit – Free digital courses to help you progress in work and boost your job prospects](#)

## Online Training

**Web:** [Online work skills courses | from £9 +VAT |](#)

[Approved Certificate \(one-training.org.uk\)](#)

Online work skills courses, study anytime, anywhere.



# Volunteering: Derbyshire Wide

## Derbyshire County Council—Become a Volunteer

Volunteering is all about giving your time to do something useful, without getting paid.

If you're thinking of giving up some of your time to lend a hand, search our list of local organisations looking for volunteers.

**Web:** [Become a volunteer - Derbyshire County Council](#)

## Derbyshire Voluntary Action

Connecting health & wellbeing services to Derbyshire's communities.

**Web:** [Derbyshire Voluntary Action \(dva.org.uk\)](#)



## National Council for Voluntary Organisations

Let's champion the remarkable role of charities and volunteers

**Web:** [NCVO | NCVO](#)



## Royal Voluntary Service

Royal Voluntary Service mobilises volunteers in every corner of Britain to support people in need and the NHS

**Web:** [The UK National Volunteer Charity | Royal Voluntary Service](#)

## National Association for Voluntary and Community Action

We are NAVCA, the National Association for Voluntary and Community Action.

We are the national membership body for local infrastructure organisations in England

**Web:** [NAVCA](#)

## Groundwork

'Groundwork Five Counties works across Nottinghamshire, Derbyshire, Lincolnshire, Rutland and Leicestershire.

Groundwork is a federation of charities mobilising practical community action on poverty and the environment across the UK.

[ceo@groundworknottingham.org.uk](mailto:ceo@groundworknottingham.org.uk)

**Telephone:** 0115 978 8212



# Other Directories: Derbyshire Wide

## The Derbyshire Directory

The Derbyshire Directory can help you find out what's happening on your doorstep



Web: [The Derbyshire Directory - Derbyshire County Council](#)

## Safer Derbyshire Directory



The Derbyshire Domestic Abuse Service Directory outlines the domestic abuse services that are available in certain areas throughout Derbyshire.

Web: [Derbyshire Domestic Abuse Service Directory \(saferderbyshire.gov.uk\)](#)

## Derbyshire Voluntary Action

Search for the service you need

[Derbyshire Voluntary Action \(dva.org.uk\)](#)



## Derbyshire Voluntary Action—Mental Health Support Services

[Mental Health Support Services | Derbyshire Voluntary Action \(dva.org.uk\)](#)



## Derby & Derbyshire Emotional Health & Wellbeing—Signposting Website

This emotional health and wellbeing signposting website for Derby and Derbyshire contains local and national links and resources updated regularly. Please use the search bar with key words or click and scroll down the sections.

[Derby & Derbyshire - Emotional Health & Wellbeing \(derbyandderbyshireemotionalhealthandwellbeing.uk\)](#)

## Community Directory Derbyshire



The most up-to-date list of all the voluntary and community groups active in Derbyshire

[Community Directory Derbyshire](#)